

The settings approach to health improvement: theory and practice

4 May 2006



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Investing for Health has highlighted the settings approach to health improvement as a key evidence based approach which addresses interventions in the systems and environments that create the background of risk conditions for individuals. Many public health successes have come from changing risk conditions, rather than focusing on risk factors.

There is a wide range of healthy settings initiatives. Some are applied to organisational settings, while others are part of broader-based initiatives such as healthy cities and the development of healthy communities and neighbourhoods. This seminar is designed to focus on the settings approach as it applies to organisational settings.

Aim

To review the theory underpinning the settings approach, and explore practice both through using examples and through participative exercises.

Potential participants

This seminar will be of interest to a wide range of practitioners working to improve health in Northern Ireland.

Date and time

Thursday 4 May 2006, beginning with registration at 9.15am.

Venue

Templeton Hotel, Templepatrick

Cost

£35.00

Booking

Booking forms are also available to download or submit online at:
www.healthpromotionagency.org.uk

Closing date for applications

28 April 2006

Programme

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| 9.15am | Registration and refreshments |
| 9.45am | Welcome and introduction |
| 10.00am | Healthy settings: linking the theory to practice |
| 11.30am | Refreshments |
| 11.45am | The change process in action
Healthy universities
Healthy schools
Healthy hospitals
Healthy workplaces |
| 1.00pm | Lunch |
| 2.00pm | Evidence of effectiveness: measuring the impact |
| 3.30pm | Close |



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