

Need help giving up smoking?

For free help and advice from specially trained
staff call the Smokers' Helpline

0800 85 85 85

A minicom service is also available.



Health
Promotion
Agency

The logo for Investing for Health features a stylized human figure with arms raised above the text.

Investing
for Health

Want to stop smoking?

To maximise your chances visit:

www.want2stop.info

Get the facts about smoking,
see the benefits of stopping
and create a quit plan to suit you.

**Want 2
stop!**