

# Useful contacts



# Contents

Statutory organisations	3
Catering managers and advisers	4
Central health promotion resource services	5
Health action zones	6
Oral health promotion departments	7
Community dietitians	8
City, borough and district councils	9
Voluntary and industry funded organisations	10

# Useful contacts

The organisations listed will be able to provide information or support to your school.

## Statutory organisations

### **Health Promotion Agency for Northern Ireland**

The HPA provides information and resources to support those working in the areas of health promotion and public health, as well as interested members of the public.

18 Ormeau Avenue

Belfast

BT2 8HS

Tel: 028 9031 1611

[www.healthpromotionagency.org.uk](http://www.healthpromotionagency.org.uk)

### **Food Standards Agency Northern Ireland**

The FSA offers advice on food safety issues and diet and nutrition as well as providing a wide range of resources.

10 A–C Clarendon Road

Belfast

BT1 3BG

Tel: 028 9041 7700

[www.food.gov.uk/northernireland](http://www.food.gov.uk/northernireland)

[www.eatwell.gov.uk](http://www.eatwell.gov.uk)

### **Safefood**

An all-island food safety promotion board established under the terms of the Good Friday Agreement, Safefood provides resources on nutrition, and food safety issues looking at lunchboxes, superfoods, food labelling and food hygiene.

Cork Headquarters

7 Eastgate Avenue, Eastgate

Little Island

Co Cork

Northern Ireland Helpdesk: 0800 085 1683

[www.safefood.eu](http://www.safefood.eu)

## Catering managers and advisers

### **Catering Manager**

Belfast Education and Library Board  
40 Academy Street  
Belfast  
BT1 2NQ  
Tel: 028 9056 4000 Ext 4079

### **Catering Manager**

North Eastern Education and Library Board  
Antrim Board centre  
17 Lough Road  
Antrim  
BT41 4DH  
Tel: 028 9448 2200

### **Catering Manager**

Southern Education and Library Board  
3 Charlemont Place  
Armagh  
BT61 9AX  
Tel: 028 3751 2364

### **Catering Manager**

South Eastern Education and Library Board  
Grahamsbridge Road  
Dundonald  
Belfast  
BT16 0HS  
Tel: 028 9056 6559

### **Catering Manager**

Western Education and Library Board  
1 Hospital Road  
Omagh  
BT79 0AW  
Tel: 028 8241 1557

### **Department of Education Catering Adviser**

Rathgael House  
Balloo Road  
Bangor  
BT19 7PR  
Tel: 028 9127 9442

## Central health promotion resource services

The health and social care trusts operate health promotion services for professionals and members of the public, as well as library services for professionals working in health and health promotion.

The services provide advice and resources on health promotion in key areas such as tobacco, nutrition, drugs, alcohol, physical activity and sexual health. They include the provision of reports, books, videos, CD-ROMs and resource packs, which can be borrowed.

### **Belfast Health and Social Care Trust**

Eastern Area Health Promotion  
Communication, Resource and Information Service  
Champion House  
12–22 Linenhall Street, Belfast  
BT2 8BS

Tel: 028 9032 1313  
Email: [info@eahealthpro.org](mailto:info@eahealthpro.org)  
[www.eahealthpro.org](http://www.eahealthpro.org)

The Belfast Health and Social Care Trust is also the contact for publications in the South Eastern Health and Social Care Trust area.

### **Northern Health and Social Care Trust**

Health Improvement  
Spruce House  
Cushendall Road, Ballymena  
BT43 6HL

Tel: 028 2563 5575  
Email: [health.promotion2@northerntrust.hscni.net](mailto:health.promotion2@northerntrust.hscni.net)

### **Southern Health and Social Care Trust**

Promoting Well Being Team  
St Luke's Hospital  
71 Loughgall Road, Armagh  
BT61 7NQ

Tel: 028 3741 2424  
Email: [health.promotion@southerntrust.hscni.net](mailto:health.promotion@southerntrust.hscni.net)  
[www.goodhealthinfo.org.uk](http://www.goodhealthinfo.org.uk)

### **Western Health and Social Care Trust**

Health Promotion Department  
Resources and Graphics Centre  
The Hub  
12c Gransha Park, Londonderry  
BT47 6WJ

Tel: 028 7186 5221  
Email: [patricia.concannon@westerntrust.hscni.net](mailto:patricia.concannon@westerntrust.hscni.net)

This health promotion department, in partnership with the Western Education and Library Board and the local environmental health service, coordinates a health promoting school award that encourages schools to address health and wellbeing.

## Health action zones

### **Armagh and Dungannon Health Action Zone**

26 Dungannon Street  
Moy  
Co. Tyrone  
BT71 7SH  
Tel: 028 8778 9531  
[www.adhaz.org.uk](http://www.adhaz.org.uk)

### **North and West Belfast Health Action Zone**

5th Floor  
16 College Street  
Belfast  
BT1 6BT  
Tel: 028 9023 7026  
[www.haz-nwbelfast.org.uk](http://www.haz-nwbelfast.org.uk)

This HAZ coordinates a nutrition in schools advisory group that provides resources for the Belfast Health and Social Care Trust. This includes the 'Catch pack' resource for teaching nutrition in primary schools.

### **Northern Neighbourhoods Health Action Zone**

The Chalet  
County Hall  
182 Galgorm Road  
Ballymena  
BT42 1QB  
Tel: 028 2531 1212  
[www.nnhaz.co.uk](http://www.nnhaz.co.uk)

This HAZ coordinates a healthy break scheme for its area and provides a range of resources for teachers, pupils and parents.

### **Western Health Action Zone**

Unit 13  
Strabane Enterprise Agency Orchard Road  
Industrial Estate  
Strabane  
BT82 9FR  
Tel: 028 7188 0221  
[www.westernhaz.org](http://www.westernhaz.org)

## Oral health promotion departments

All of the community dental teams in Northern Ireland promote healthy break schemes in primary schools along with other oral health initiatives. Please contact the individual department for more information.

**Senior Health Promotion Officer  
(Dental), Eastern Health and Social  
Services Board**

Champion House  
12–22 Linenhall Street  
Belfast  
BT2 8BS

Tel: 028 9032 1313

**Senior Health Promotion Officer  
(Dental), Northern Health and Social  
Care Trust**

Braid Valley Hospital Community Dental  
Service  
Spruce House  
Cushendall Road  
Ballymena  
BT43 6HL

Tel: 028 2564 0846

**Senior Health Promotion Officer,  
Southern Health and Social Care Trust**

John Mitchel Place  
Newry  
BT34 2BU

Tel: 028 3083 4251

**Health Promotion Officer for Oral  
Health, Western Health and Social Care  
Trust**

12C Gransha Park  
Clooney Road  
Londonderry  
BT47 6WJ

Tel: 028 7186 5127

## Community dietitians

Many dietetic departments provide a range of resources and initiatives to promote healthy eating in schools. Please contact individual departments for further information.

### **Belfast Health and Social Care Trust, and South Eastern Health and Social Care Trust**

Nutrition and Dietetic Service  
Admin Buildings  
Forster Green Hospital  
Saintfield Road  
Belfast  
BT8 4HD

Tel: 028 9032 1313

### **Northern Health and Social Care Trust**

Whiteabbey Hospital  
95 Doagh Road  
Newtownabbey  
BT37 9RH

Tel: 028 9055 2291

### **Southern Health and Social Care Trust**

Ace Team  
Pinewood Villa, Longstone Hospital  
Loughgall Road  
Armagh  
BT61 7PR

Tel: 028 3741 2830

### **Western Health and Social Care Trust**

Northern Sector

Nutrition and Dietetic Department  
Altnagelvin Area Hospital  
Glenshane Road  
Londonderry  
BT47 6SB

Tel: 028 7134 5171 Ext 3417

Southern Sector

Nutrition and Dietetic Department  
Riverside House  
Diabetes Centre  
Tyrone County Hospital  
Omagh  
BT79 0AP

Tel: 028 8283 3582

## City, borough and district councils

Local councils, and in particular their environmental health departments, can provide you with information and advice on certain aspects of workplace health.

A full list of the councils and contact details can be found at [www.nics.gov.uk](http://www.nics.gov.uk)

Antrim Borough Council  
028 9446 3113

Ards Borough Council  
028 9182 4000

Armagh City and District Council  
028 3752 9600

Ballymena Borough Council  
028 2566 0300

Ballymoney Borough Council  
028 2766 0200

Banbridge District Council  
028 4066 0600

Belfast City Council  
0800 707 6965

Carrickfergus Borough Council  
028 9335 1604/5

Castlereagh Borough Council  
028 9049 4500

Coleraine Borough Council  
028 7034 7034

Cookstown District Council  
028 8676 2205

Craigavon Borough Council  
028 3831 2400

Derry City Council  
028 7136 5151

Down District Council  
028 4461 0800

Dungannon and South Tyrone Borough Council  
028 8772 0300

Fermanagh District Council  
028 6632 5050

Larne Borough Council  
028 2827 2313

Limavady Borough Council  
028 7772 2226

Lisburn City Council  
028 9250 9250

Magherafelt District Council  
028 7939 7979

Moyle District Council  
028 2076 2225

Newry and Mourne District Council  
028 3031 3031

Newtownabbey Borough Council  
028 9034 0160

North Down Borough Council  
028 9127 0371

Omagh District Council  
028 8224 5321

Strabane District Council  
028 7138 2204

## Voluntary and industry funded organisations

### **Action Cancer**

Marlborough Park  
Belfast  
BT9 6XS

Tel: 028 9080 3344

Email: [info@actioncancer.org](mailto:info@actioncancer.org)

[www.actioncancer.org](http://www.actioncancer.org)

Action Cancer offers a health promotion programme to both primary and post-primary schools. In primary schools talks are provided through a puppet show called Wally and Wise that raises issues about physical activity, sun awareness and the dangers of smoking. The Health Action Programme is delivered in post-primary schools, providing five sessions on smoking, alcohol, healthy eating and exercise which include two practical activity sessions of cardio box and dancercise.

### **British Heart Foundation Northern Ireland**

Admail 3987

Belfast

BT1 1TG

Tel: 0845 130 8663

Publications orderline: 0870 600 6506

[www.bhf.org.uk](http://www.bhf.org.uk)

Provides a range of resources and curriculum links for a healthy lifestyle.

### **British Nutrition Foundation**

High Holborn House  
52–54 High Holborn  
London

WC1V 6RQ

Tel: 020 7404 6504

Email: [postbox@nutrition.org.uk](mailto:postbox@nutrition.org.uk)

[www.nutrition.org.uk](http://www.nutrition.org.uk)

[www.foodafactoflife.org.uk](http://www.foodafactoflife.org.uk)

The British Nutrition Foundation provides a range of healthy eating resources for schools.

### **Dairy Council for Northern Ireland**

Shaftesbury House  
Edgewater Business Park  
Edgewater Road

Belfast

BT3 9JQ

Tel: 028 9078 1224

[www.dairycouncil.co.uk](http://www.dairycouncil.co.uk)

The Dairy Council provides factsheets, resources and CD Roms for use in the classroom and in conjunction with CCEA organises the Young Cook of the Year Award. It also provides a 'Food and fitness' presentation and resources for Key stage 1 and 2.

**Livestock and Meat Commission for Northern Ireland**

Lissie House  
31 Ballinderry Road  
Lisburn  
BT28 2SL

Tel: 028 9263 3000

[www.lmcni.com](http://www.lmcni.com)

The LMC offers beef and lamb cookery demonstrations in post-primary schools throughout Northern Ireland. A website has been produced in coordination with home economics teachers to target Key stage 3 and 4 pupils on nutrition through the life stages. See [www.food4life.org.uk](http://www.food4life.org.uk)

**Northern Ireland Chest Heart and Stroke**

21 Dublin Road  
Belfast  
BT2 7HB

Tel: 028 9032 0184

[www.nichsa.com](http://www.nichsa.com)

NICHSA provides a range of leaflets, factsheets and initiatives that promote the prevention of and alleviate the suffering resulting from chest, heart and stroke illness.

**Northern Ireland Water**

Northland House  
3 Frederick Street  
Belfast  
BT1 2ND

Tel: 028 9035 4716

[www.niwater.com](http://www.niwater.com)

The education department at Northern Ireland Water offers classroom programmes tailored towards the curriculum. Visits to its two education centres can also be arranged.

**Ulster Cancer Foundation**

40–44 Eglantine Avenue  
Belfast  
BT9 6DX

Tel: 028 9066 3281

Email: [info@ulstercancer.org](mailto:info@ulstercancer.org)

[www.ulstercancer.org](http://www.ulstercancer.org)

The Ulster Cancer Foundation provides two programmes for primary schools: The Genevieve Project (foundation stage) and The Fit Factor – Join the Fitness Challenge (Key stage 1)

[www.genevieveni.net](http://www.genevieveni.net)

[www.fitfactor.co.uk](http://www.fitfactor.co.uk)



This resource was originally developed and produced by the Health Promotion Agency for Northern Ireland as part of the School food: top marks programme. It was jointly funded by the Department of Education and the Department of Health, Social Services and Public Safety.