



**Presents are great, but the best thing you can give is your support for breastfeeding.**

**Breastfeeding helps protect babies against asthma and childhood diabetes as well as ear and stomach infections. Breastfeeding mums need your support - because every baby deserves the best.**

[www.breastfedbabies.org](http://www.breastfedbabies.org)



**Health  
Promotion  
Agency**



**breastfeeding**  
GOOD FOR BABY GOOD FOR MUM